

## You are Fearfully & Wonderfully Made

**The Page from a Planner** symbolises that each of your days was planned before you were born. He knew how you would spend your days – what your hobbies & interests would be, what your job would be, & who you would share your days with. (Psalm 139:2-3)

**The Word Search** symbolises that God knows every word you say before you even say it. The nice words & not-so-nice words. The angry words & the words of encouragement. (Psalm 139:4)

**The Jelly Babies** are to remind you that He knit you together in your mother's womb. He knows you better than your parents, your brother or sister or your friends. He knows the parts you don't show anyone else. He sees the tears no one else sees. He knows you inside & out. (Psalm 139:13)

**The Birthday Candle** symbolises that God knew the day you were born. He knew what you would look like and who you would welcome you. He knew how much you would weigh, what your cry would sound like, & whether you would be bald or have a head full of hair. (Psalm 139:16)

**The Wire Thread** represents the hairs on your head, which the Bible tells us are numbered. Straight hair or curly hair, red hair or grey hair, real or "bottle" coloured. God knows every detail of you, His marvellous creation. He counts your freckles, knows the ridges on your fingernails, & sees the blemishes you try to hide. He truly loves you, warts & all. (Matthew 10:30)

**Always remember that you are fearfully & wonderfully made.** *"I praise you because I am fearfully and wonderfully made."* Psalm 139:14

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