

## Prayer Friends Guidelines & Ideas

Thank you for ministering in this way. May God bless you as you bless others.

- Connect in some way once a week, if possible. This could be at church, via phone, email, facebook messenger, sending them a card/note.
- If the student you are praying for is under 18 please make arrangement through their parents about connecting outside of church.
- Try and maintain contact for at least the term or even Semester for Uni Students.
- You might like to ask the following questions as a guide, each time you connect –
  - What is your high for the week?
  - What is your low for the week?
  - How can I pray for you?
- Some other questions/ topics you might like to use to get to know them a little more or to help with how to pray for them are:
  - What are you looking forward to as school/uni starts?
  - For uni students find out when uni starts for them?
  - Is there anything that you are concerned or worried about?
  - Tell me about your teacher/teachers?
  - Tell me about your favourite subject at school?
  - If you could take lessons in anything what would you learn?
  - What is your favourite hobby or what do you like to do in your spare time?
  - Tell me about your friends at school?
  - What do you like to do at lunch time at school?
  - For High Schoolers/uni students find out when exams are or when assignments are due?
  - As the holidays draw near ask what are you looking forward to on the holidays?
- Some other things to pray about for your student are:
  - Is there anything in the local news that may effect them, etc.
  - Prayer for other members of their family
  - Pray for their friendships
  - Pray for good connections with teachers/tutors
  - Pray for their strengths and passions Praise God for their gifting and ask him to open opportunities to use that gifting. Pray that they can receive the encouragement and necessary tools to develop their gifting.
  - Pray for their weaknesses and struggles. Pray that God will be with them in the dark moments they may encounter. Pray for strength, reassurance and confidence to face what may be troubling them and peace for the end of their journey through the present trials they face.

If you have any queries or issues as a Prayer Friend please feel free to contact us.

Thanks

Jillian